

30 K Race							
Location	Total Miles	Distance to AS	Front	Middle	Back	Crew	Drop bag
Start at Levee	0	2.31	6:30 AM	6:30 AM	6:30 AM	YES	YES
State Parks Adm. Bldg.	2.31	6.71	6:45 AM	6:55 AM	7:04 AM	No	No
Main Bar Access Rd. & Bike trail (turnaround)	9.02	6.71	7:28 AM	8:09 AM	8:45 AM	No	No
State Parks Adm. Bldg.	15.73	2.81	8:12 AM	9:23 AM	10:25 AM	No	No
Cavitt Finish	18.54	0	8:30 AM	9:53 AM	11:08 AM	YES	YES
			2:00	3:23	4:38		