

### 50 M Race

Location	Total Miles	Distance to AS	Front	Middle	Back	Crew	Drop bag	cutoff
Start at Levee	0	2.31	6:30 AM	6:30 AM	6:30 AM	YES	YES	
State Parks Adm. Bldg.	2.31	6.71	6:45 AM	6:55 AM	7:05 AM	YES	NO	
Main Bar Access Rd. & Bike trail	9.02	1.96	7:28 AM	8:09 AM	8:49 AM	NO	NO	
Laguna Bridge	10.98	4.26	7:41 AM	8:30 AM	9:19 AM	YES	NO	
Folsom Inn Parking lot	15.24	4.26	8:09 AM	9:17 AM	10:24 AM	NO	YES	
Laguna Bridge	19.5	1.96	8:36 AM	10:04 AM	11:30 AM	YES	NO	
Main Bar Access Rd. & Bike trail	21.46	6.71	8:49 AM	10:26 AM	12:00 PM	NO	NO	
State Parks Adm. Bldg.	28.17	2.81	9:33 AM	11:39 AM	1:44 PM	YES	NO	
Cavitt	30.98	2.81	9:51 AM	12:10 PM	2:30 PM	YES	YES	XXXXX
State Parks Adm. Bldg.	33.79	6.71	10:09 AM	12:41 PM	3:10 PM	YES	NO	
Main Bar Access Rd. & Bike trail	40.5	6.71	10:53 AM	1:55 PM	4:54 PM	NO	NO	
State Parks Adm. Bldg.	47.21	2.81	11:36 AM	3:09 PM	6:37 PM	YES	NO	
Cavitt Finish	50	0	11:55 AM	3:40 PM	7:30 PM	YES	YES	

5:25:00    9:10:00    13:00:00